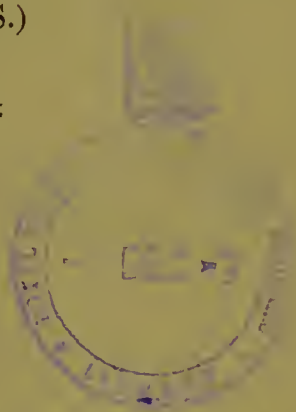


INEBRIATES ACTS, 1879 to 1899.

4.

(REGULATIONS FOR STATE INEBRIATE
REFORMATORIES.)

COPY
OF
REGULATIONS,



Made by the SECRETARY OF STATE FOR THE HOME
DEPARTMENT, in pursuance of the INEBRIATES ACT,
1898, FOR THE MANAGEMENT AND DISCIPLINE OF
STATE INEBRIATE REFORMATORIES.

Presented in pursuance of Act 61 and 62 Vict. c. 60, s. 21 (1).

*Ordered, by The House of Commons, to be printed,
12th May, 1904.*

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1904.

No. 174.

IN pursuance of the powers vested in me by the Inebriates Act, 1898, I hereby make the following Regulations for the Management and Discipline of State Inebriate Reformatories.

A. AKERS-DOUGLAS,

Secretary of State.

Home Office,

29th April, 1904.

REGULATIONS

FOR

STATE INEBRIATE REFORMATORIES.

1. There shall be two classes, viz., ordinary and special, each being distinguished by a special badge.

2. An inmate on reception shall be placed in the ordinary class unless, in the opinion of the medical officer, it is desirable to place him in association with other inmates. While in the ordinary class he will be kept in separate confinement, and will not be allowed to associate with other inmates in the day-room and dining-room, and will receive the diet prescribed for that class.

3. An inmate, while in the ordinary class, may write a letter and receive a reply at intervals of one month; he may also receive a visit once a month, unless by misconduct in that class he should forfeit those privileges; and, in addition to the ordinary books of religious or secular instruction, may be allowed library books not exceeding two in one week.

4. An inmate, who, in the opinion of the Governor and Medical Officer, has proved himself worthy of promotion, may be placed in the Special Class.

5. An inmate in the Special Class will be employed in association, but not necessarily under the immediate supervision of an attendant. He will have access to the day-room and dining-room, and will receive the diet prescribed for that Class.

6. An inmate in the Special Class may write a letter and receive a reply on admission, and subsequently at intervals of one week; he may also receive a visit once a week, unless by misconduct he shall forfeit those privileges.

7. An inmate in the Special Class may at any time be recommended to the Commissioners either for transfer to a Certified Reformatory, or for licence, when the Governor and Medical Officer are of opinion—(a) that his treatment in a Certified Reformatory would afford better means of reformation: (b) that he can be safely released to the care of a responsible person who is willing to take charge of him.

8. An inmate in the Special Class may be allowed the following privileges :—

(a.) To have his meals in association, due regard being had to order and cleanliness.

(b.) The use of such books, magazines, and newspapers as shall be prescribed.

(c.) The use of the day-room for approved games, *e.g.*, chess, draughts, and dominoes.

(d.) If a male, to smoke at such times, and under such conditions, as shall be prescribed.

(e.) Occasional entertainments, such as lectures and concerts.

9. Means of restraint shall consist of (a) strait waistcoat to be applied under such conditions as shall be approved by the Secretary of State : (b) ankle straps for females, and hand-cuffs, to be used only when necessary for the restraint of dangerous and violent inmates.

10. The diets for inmates of the Ordinary Class shall be as follows :—

Breakfast :—

Daily—Cocoa, with bread.

Dinner :—

Sunday—Bread, potatoes, cooked meat (preserved by heat).

Monday—Bread, potatoes, fat bacon and beans.

Tuesday—Bread, potatoes, soup, cheese, 2 oz.

Wednesday—Bread, potatoes, cooked meat (beef).

Thursday—Bread, potatoes, soup, cheese, 2 oz.

Friday—Bread, potatoes, cooked meat.

Saturday—Bread, potatoes, cooked meat (mutton).

Supper and Tea :—

Daily—Tea, with bread.

Oatmeal gruel at bed-time to those who wish it.

Fish dinner may occasionally be substituted for the Friday dinner.

Meat pie may occasionally be substituted for the Saturday dinner.

Corned beef may occasionally be substituted for bacon.

Cabbage, French beans, broad beans, vegetable marrows, carrots, parsnips, onions, and such like vegetables (to be grown in the garden) to be given *frequently* when in season, to the amount of 4 oz. weighed after cooking.

Bread to be limited to 24 oz. for men, and 18 oz. for women per diem.

Potatoes, 12 oz. per diet.

Beans, 12 oz. per diet.

Cooked meat, 5 oz. per diet for men, and 4 oz. for women.

Bacon, 2 oz. per diet.

Soup, one day, 1 pint containing 4 oz. clod (or shoulder), cheek, neck, leg, or shin of beef; 4 oz. split peas; 2 oz. fresh vegetables; $\frac{1}{2}$ oz. onions; pepper and salt.

Soup, one day, 1 pint containing 8 oz. meat (uncooked), $1\frac{1}{2}$ oz. barley, 4 oz. vegetables, $\frac{1}{4}$ oz. flour.

Tea—1 pint containing $\frac{1}{6}$ oz. tea, 2 oz. milk, and $\frac{3}{4}$ oz. sugar (Demerara or loaf sugar).

Cocoa—1 pint containing $\frac{3}{4}$ oz. Admiralty cocoa, 2 oz. milk, and $\frac{3}{4}$ oz. sugar (Demerara).

Gruel—2 oz. Scotch (coarse) oatmeal to the pint.

11. The diets for inmates of the special class shall be the same as those for the ordinary class, with the following additions:—

Dinner:—

Sunday—Fruit or currant pudding, 8 oz.

Monday—Rice pudding, 8 oz.

Wednesday—Currant pudding, 8 oz.

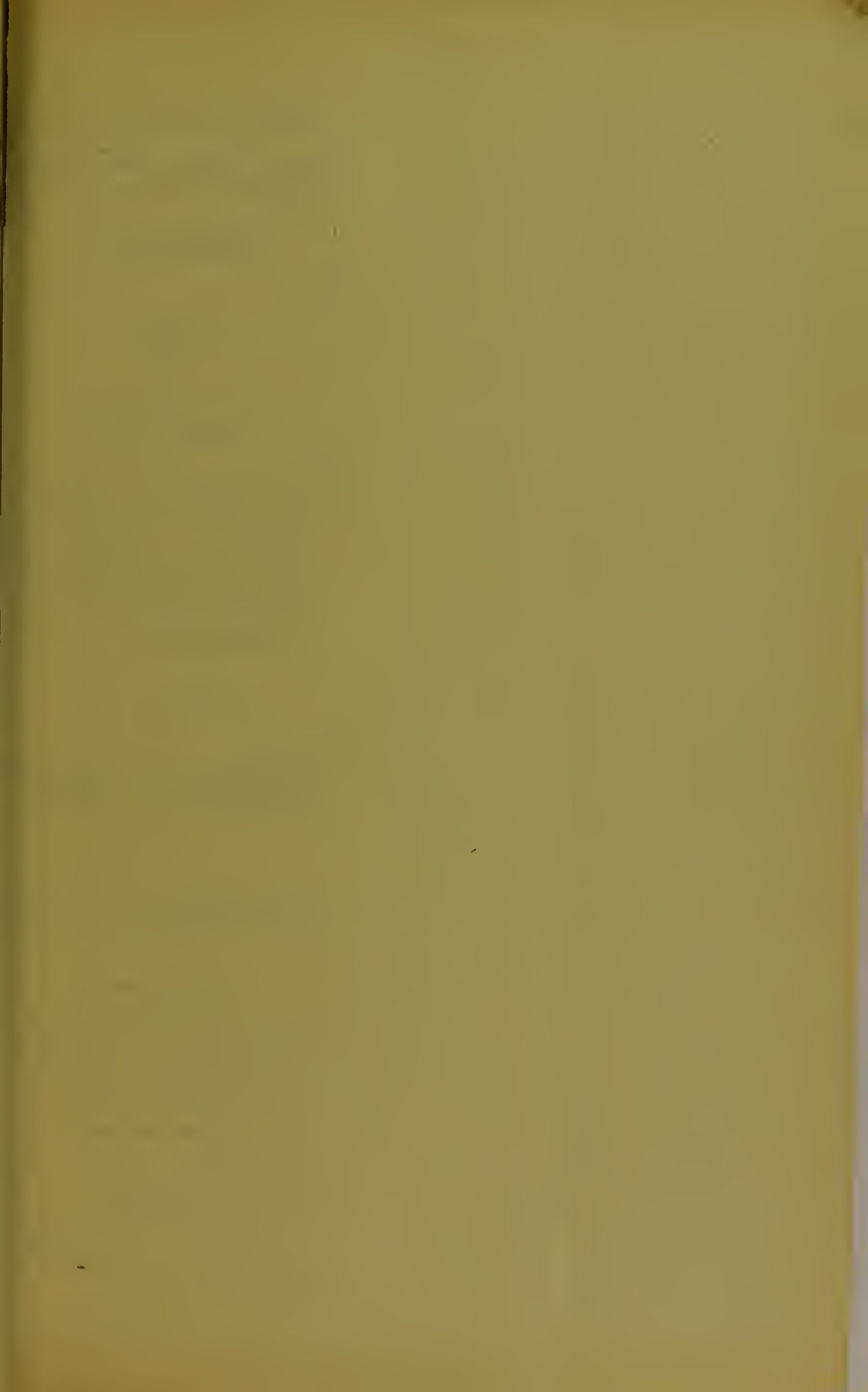
Saturday—Rice or sago pudding, 8 oz.

Supper and Tea:—

Butter, 1 oz. per day.

12. The Regulations numbered 24, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 43, 52, 53, 54, 55, 56, 70 (2), 75, made by the Secretary of State on the 21st June, 1901 [Cd. 656, 1901], are hereby revoked, and also so much of Appendix "A." to those Regulations as was not revoked by the new Regulations as to Dietary, of the 29th December, 1903 [H.C. 20, 1904].





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Home Office,
Whitehall,
12th May, 1904. } A. AKERS-DOUGLAS,
Secretary.

*Presented in pursuance of Act 61 and 62
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